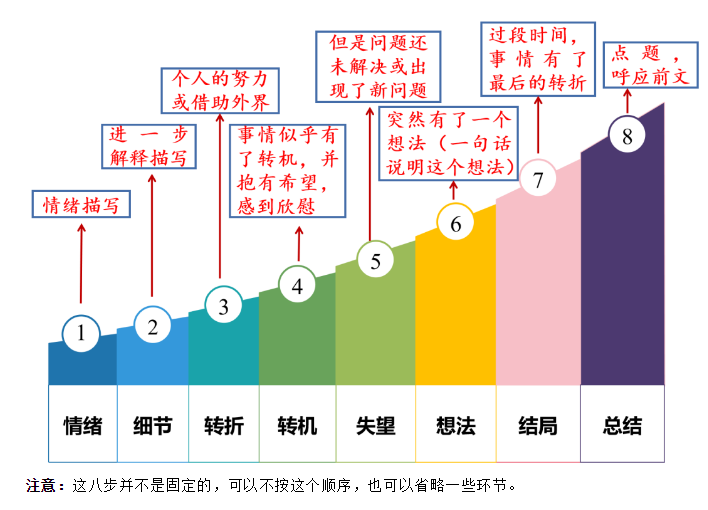
# 读后续写速成：

# “天龙八步”法

**目录：**

**第1部分**

**第2部分 八步法实战应用：高考真题讲解**

读后续写，大部分都是围绕conflict，solution来运转的，首先你能看懂材料，如果这一步无法完成，那这篇文章并不适合你。然后，你要找到文章到底提出什么冲突或问题。大部分文章都是这个模式：

**(1)情绪：消极情绪**

**(2)细节：进一步解释描写**

**(3)转折：个人的努力或借助外界**

**(4)转机：事情似乎有了转机，并抱有希望，感到欣慰**

**(5)失望：但是问题还是没有解决或出现了新问题**

**(6)新法：突然有了一个想法(一句话说明这个想法)**

**(7)结局：过了一段时间；事情有了最后的转折**

**(8)总结：点题，呼应前文**

## **第1步 情绪：情绪描写**

## **第2步 细节：进一步解释描写**

**【例1】**

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| **情绪描写∶ 笑** |
| smile brightly;laugh; beam; light(sth)up; light up with; burst into laughter; burst out laughing; wear a bright/broad smile; give sb a smile |
| **细节描写∶笑** |
| 看到直升飞机，Jane高兴地笑了起来。  (1)At the sight of the helicopter，Jane beamed with wild joy.  (2)Seeing the helicopter，Jane beamed with wild joy.  (3)The moment she caught sight of the helicopter，Jane's eays/face lit up with delight.  (4)The moment she caught sight of the helicopter，a bright smile lit up Jane's faceleyes. |

**【例2】**

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| **情绪描写∶哭** |
| cry; sob; weep; burst into tears; burst out crying;(one's eyes)brim with/befull of/be filled with tears |
| **细节描写∶哭** |
| (1)A lump came to his throat.他哽咽欲哭。  (2)Her eyes were red from crying.她的双眼哭得通红。  (3)Her eyes brimmed with tears.她的眼里满含泪水。  (4) Tears coursed/trickled/streamed/ran down her cheeks.眼泪沿着她的面颊流下来。 |

**【例3】**

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| **情绪描写∶ 害怕** |
| frightened; panicked; scared; speechless;in(a)panic; in a cold sweat;be full of fear; be filled with terror;be rooted to the spot; freeze;run away; flee; one'sknees feel weak; (hands) sweat |
| **细节描写∶ 害怕** |
| 我感到很害怕。   1. I felt very frightened/scared/panicked.   (2) I was in (a) panic/was full of fear.  (3)I stood rooted to the spot,brimming with fear/filled with fear.  (4)I felt so scared that my throat tightened and my knees felt weak.  (5)I froze with terror, too scared to move.  (6)I was seized by a strong sense of horror; my palms sweating. |

**【例4】**

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| **情绪描写∶ 高兴激动** |
| v. dance;jump/leap withjoy; feel a surge of happiness/delight/joyexcitement; whistle; be overcome with happiness/delight/joy/excitement;(one's eyes) twinkle;(one's heart) beat/pound wildly  adj. happy; delighted; overjoyed; excited; thrilled; wild with joy |
| **细节描写∶高兴激动** |
| **当她知道考试结果时，她兴奋极了。**  (1)When she knew the result of the test, she felt excited/thrilled.  (2) When she knew theresult of the test, her eyes twinkled with excitement.  (3)When sheknew the result of the test,her heart was pounding with wildjoy.  (4))When she knew the result of the test,a wildexcitement took hold of her.  (5)Knowing the result of the test, she felt a surge of excitement.  (6)Knowing the result of the test,she was overcome with excitement. |

**【例5】**

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| **情绪描写∶伤心痛苦** |
| sad; bitter; sorrowful; feela surge of sadness;(sadness)surge within sb; one's heart ache; be overcome with sadness |
| **细节描写∶伤心痛苦她伤心不已。** |
| 1. Sam felt extremely sad.   (2) A sadness came over her.  (3) Her heart ached, tears streaming down her cheeks.  (4) Numb with grief, she became speechless.  (5)Feeling a surge of sadness,she couldn't help crying bitterly.  (6) Sadness surging within her, she burst into tears. |

**【例6】**

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| **情绪描写∶ 生气愤怒** |
| felt/get angry/furious; feel a surge of anger/rage/fury;eyes blaze;storm out of/into/off; storm/say angrily; sth makes sb blood boil; sth makes sb extremely angry; clasp one's fists/teeth; speechless |
| **细节描写∶ 生气愤怒** |
| Sam感到非常生气。  (1) Sam felt very angry.  (2) Sam stood rooted to the spot, his eyes blazing with anger.  (3) Sam felt so angry that he stormed out of the room,slamming the door  furiously behind him.  (4) Boiling with rage,Sam shook his fist at me.  (5)Filled with fury,Sam was unable to uttera single word. |

## **第3步 转折：个人努力或借助外界**

**【例7】**

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| **鼓起勇气; 他人的鼓励** | pluckup/take/gather one'scourage(to do….) |
| **毫不犹豫** | 1. sb could hardly wait to do sth   (2) without a second thought  (3) without even thinking  (4) without delay  (5) without hesitation |

## **第4步 转机：事情似乎有了转机，并抱有希望，感到欣慰**

**【例8】**

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| **似乎** | (1) It was like doing sth  (2) It seemed as if/that |
| **希望** | (1) hoping that..  (2) see/feel a glimmer of hope  (3) trying hard to do sth |
| **欣慰** | (1)…..breathed asigh of relief-sighed with relief 松了—口气  (2)(a wave of relief flooded through/washed over sb  (3)to one'srelief… 使人欣慰的/放心的是…… |

## **第5步 失望：但是问题还未解决或出现了新问题**

**【例9】**

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| **不幸的是** | (1)but bad luck for sb,.….(2), but in vain  (3),but without success(4),but no use |
| **不知道做什么** | (1)sb did sth, wondering what to do next.(2)sb did sth,not knowing what to do next.  (3)sb did sth,unsure of what to do next.(4)sb was at a loss what to do.  (5)sb was in a dilemma about whether to do or not. |

## **第6步 想法：突然有了一个想法(一句话说明这个想法)**

**【例10】**

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| **某人想到 /明白/有了主意** | (1)It suddenly occurred to sb that+从句-It hit sb that+从句  -lt struck sb that+从句-It dawned on sb that+从句  (2)(idea，thought..)occurred/came to sb=..came/flashed into one's mind-...crowded in one's mind  (3)one's mind began to race |

## **第7步 结局：过段时间，事情有了最后的转折**

**【例11】**

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| **过了一段时间** | (1)not long after that,..=shortly afterwards,….-beforelong,….=It  didn't take long before+从句=It took some time before+从句(2) for an instant/moment |
| **事情有了转折** | (1)To one'ssurprise(delight)/Strangely enough, it turned out that+从句  (2) But on second thoughts,….  (3)But what happened next was pure magic. |

## **第8步总结：点题，呼应前文**

**例12**

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| **直到……才意识到** | (1)倒装句∶Not until+时间状语+did sb realize/notice that+  从句  (2)强调句∶It was only+时间状语+that sb realized that+从句 |
| **还记得某人的话；还在某人的脑海中** | (1) One's words(echoed/rang out) in one's ears.  (2) One's words/voice/song lingered/whispered in one's mind/ head.  (3) One's head was still full of.. |
| **经历与教训** | (1)What a/an valuable/useful/great/painful lesson sb taught  me/sb learned from sb!  (2)What a/an enjoyable/pleasant/wonderful/unforgettable/  memorable/interesting/valuable experience sb had!  (3) Down deep in one's heat….在某人的内心深处 |

### 第二部分 “八步法”实战应用：高考真题讲解

故事梗概：夫妻旅游途中吵架，妻子独自离开，述路在树林里，直升飞机来了几次授救但没有看见她。她感到很失望。

阅读下面短文，根据所给情节进行续写，使之构成一个完整的故事。

One weekend in July, Jane and her husband, Tom, had driven three hours to camp overnight by a lake in the forest. Unfortunately, on the way an unpleasant subject came up and they started to quarrel. By the time they reached the lake, Jane was so angry that she said to Tom. “I'm going to find a better spot for us to camp" and walked away.

With no path to follow,Jane just walked on for quite a long time. After she had climbed to a high place. she turned around, hoping to see the lake. To her surprise, she saw nothing but forest and, far beyond, a snowcapped mountain top. She suddenly realized that she was lost.

“Tom! "she cried. "Help!"

No reply. If only she had not left her mobile phone in that bag with Tom. Jane kept moving, but the farther she walked, the more confused she became. As night was beginning to fall, Jane was so tired that she had to stop for the night. Lying awake in the dark, Jane wanted very much to be with Tom and her family. She wanted to hold him and tell him how much she loved him.

Jane rose at the break of day, hungry and thirsty. She could hear water trickling (滴落)somewhere at a distance. Quickly she followed the sound to a stream. To her great joy,she also saw some berry bushes. She drank and ate a few berries. Never in her life had she tasted anything better. Feeling stronger now. Jane began to walk along the stream and hope it would lead her to the lake.

As she picked her way carefully along the stream, Jane heard a helicopter. Is that for me? Unfortunately, the trees made it impossible for people to see her from above. A few minutes later, another helicopter flew overhead. Jane took off her yellow blouse, thinking that she should go to an open area and flag them if they came back again.

**Paragraph 1**

**But no more helicopters came and it was getting dark again.**

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**Paragraph 2**

**It was daybreak when Jane woke up.**

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**第一段：But no more helicopters came and it was getting dark again.(但是没有直升机来了，天又黑了。)**

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| 读后续写 |  | 续写 |
| 1.A wave of terror swept over her. | 一阵恐怖的浪潮席卷了她。 | **1.情绪** |
| 2.Her heart pounding fiercely and her palm sweating, an inner voice told her that she had to find a safe place. | 她的心剧烈地跳动着，手心冒汗，一个内在的声音告诉她，她必须找到一个安全的地方。 | **2.细节：详述情绪** |
| 3.Tired and terrified as she was,Jane plucked her courage to feel the way. | 虽然她很累，也很害怕，但简鼓起勇气去感受这条路。 | **3.转折∶ 个人努力** |
| 4.Luckily, it didn't take long before she found a cave.  5. Sighing with relief, she felt a glimmer of hope. saying to herself."Tomorrow is another day." | 4.幸运的是，没过多久她就找到了一个洞穴。  5.松了一口气，她感到了一丝希望。 对自己说。 “明天又是新的一天。” | **转机：成功、希望来了。** |
| With that, she went to sleep, in whose dream her husband kept her company. | 说完，她就去睡觉了，她丈夫在梦里陪伴着她。 | **衔接句** |

**第二段：It was daybreak when Jane woke up.简醒来的时候天已经亮了。**

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| **读后续写** |  | **续写** |
| 1.Hungry and disappointed, she found not any helicopter overhead,at a loss what to do. | 1.饥饿和失望，她发现头顶上没有任何直升机，不知所措。 | **再度失望(出现新问题)** |
| 2.It suddenly dawned on her that she should find a big open area first.  3. Having gobbling down some blackberries, she can't wait to set off.  4. After what seemed a century,such an area did come into sight.   1. Her face brightened up. | 2.她突然明白，她应该先找一个大的空地。   1. 她狼吞虎咽地吃了些黑莓，迫不及待地要出发了。   4.好像过了一个世纪之后，这样的地区确实出现了。  5.她的脸变亮了。 | **突然有了办法** |
| 1. What a coincidence that meanwhile, a helicopter was flying towards her. 2. Upon its landing, out dashed her husband who hugged Jane tightly, tears welling up in their heart. | 6.与此同时，一架直升机正朝她飞来，真是巧合。  7.她的丈夫紧紧地拥抱着简，眼泪涌上心头。 | **结果解决问题，巧不成书，皆大欢喜** |
| 1. It was at the moment that they decided not to quarrel any more but learned to compromise. | 8.就在这时，他们决定不再争吵了，而是学会了妥协 | **(总结)** |